

# Physical Therapy Medical Screening Questionnaire

Name: \_\_\_\_\_ Date: \_\_\_\_\_ Age: \_\_\_\_\_

Are you latex sensitive? Yes No

Do you smoke? Yes No

Do you have a pacemaker? Yes No

FOR WOMEN: Are you currently pregnant or think you might be pregnant? Yes No

ALLERGIES: List any medication(s) you are allergic to: \_\_\_\_\_

Have you RECENTLY noted any of the following (check all that apply)?

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> fatigue                                      | <input type="checkbox"/> numbness or tingling                 | <input type="checkbox"/> constipation        |
| <input type="checkbox"/> fever/chills/sweats                          | <input type="checkbox"/> muscle weakness                      | <input type="checkbox"/> diarrhea            |
| <input type="checkbox"/> nausea/vomiting                              | <input type="checkbox"/> dizziness/lightheadedness            | <input type="checkbox"/> shortness of breath |
| <input type="checkbox"/> weight loss/gain                             | <input type="checkbox"/> heartburn/indigestion                | <input type="checkbox"/> fainting            |
| <input type="checkbox"/> difficulty maintaining balance while walking | <input type="checkbox"/> difficulty swallowing                | <input type="checkbox"/> cough               |
| <input type="checkbox"/> falls  | <input type="checkbox"/> changes in bowel or bladder function | <input type="checkbox"/> headaches           |

Have you EVER been diagnosed with any of the following conditions (check all that apply)?

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> cancer                                 | <input type="checkbox"/> depression                       | <input type="checkbox"/> thyroid problems      |
| <input type="checkbox"/> heart problems                         | <input type="checkbox"/> lung problems                    | <input type="checkbox"/> diabetes              |
| <input type="checkbox"/> chest pain/angina                      | <input type="checkbox"/> tuberculosis                     | <input type="checkbox"/> osteoporosis          |
| <input type="checkbox"/> high blood pressure                    | <input type="checkbox"/> asthma                           | <input type="checkbox"/> multiple sclerosis    |
| <input type="checkbox"/> circulation problems                   | <input type="checkbox"/> rheumatoid arthritis             | <input type="checkbox"/> epilepsy              |
| <input type="checkbox"/> blood clots                            | <input type="checkbox"/> other arthritic condition        | <input type="checkbox"/> eye problem/infection |
| <input type="checkbox"/> stroke                                 | <input type="checkbox"/> bladder/urinary tract infection  | <input type="checkbox"/> ulcers                |
| <input type="checkbox"/> anemia                                 | <input type="checkbox"/> kidney problem/infection         | <input type="checkbox"/> liver problems        |
| <input type="checkbox"/> bone or joint infection                | <input type="checkbox"/> sexually transmitted disease/HIV | <input type="checkbox"/> hepatitis             |
| <input type="checkbox"/> chemical dependency (i.e., alcoholism) | <input type="checkbox"/> pelvic inflammatory disease      | <input type="checkbox"/> pneumonia             |

Has anyone in your immediate family (parents, brothers, sisters) EVER been diagnosed with any of the following conditions (check all that apply)?

- |  |                                     |   |
|--|-------------------------------------|---|
| <input type="checkbox"/> cancer              | <input type="checkbox"/> diabetes   | <input type="checkbox"/> tuberculosis     |
| <input type="checkbox"/> heart problems      | <input type="checkbox"/> stroke     | <input type="checkbox"/> thyroid problems |
| <input type="checkbox"/> high blood pressure | <input type="checkbox"/> depression | <input type="checkbox"/> blood clots      |

During the past month have you been feeling down, depressed or hopeless? YES NO

During the past month have you been bothered by having little interest or pleasure in doing things? YES NO

If yes to either, is this something with which you would like help? YES YES, but NOT today NO

Please list any medications you are currently taking (INCLUDING pills, injections, and/or skin patches):  
\_\_\_\_\_  
\_\_\_\_\_

Have you ever taken steroid medications for any medical conditions? YES NO

Have you ever taken blood thinning or anticoagulant medications for any medical conditions? YES NO

Please list any surgeries or other conditions for which you have been hospitalized, including dates:  
\_\_\_\_\_  
\_\_\_\_\_

What date (roughly) did your present problem start? \_\_\_\_\_

My symptoms are currently:  Getting Better  Getting Worse  Staying about the same

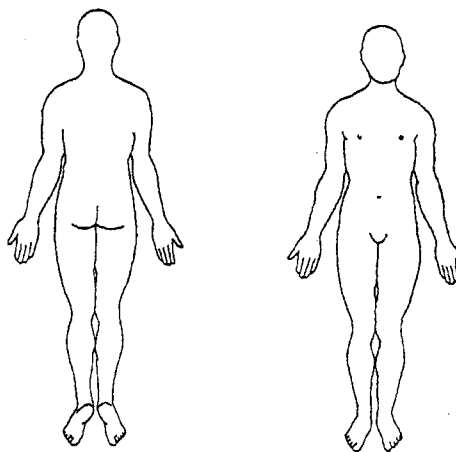
Treatment received so far for this problem (chiropractic, injections, surgery, etc): \_\_\_\_\_

Please list special tests performed for this problem (x-ray, MRI, labs, etc) \_\_\_\_\_

**Body Chart:**

Please mark the areas where you feel symptoms on the chart to the right with the following symbols to describe your symptoms:

- ↓ Shooting/sharp pain
- Dull/aching pain
- ||| Numbness
- = Tingling



My symptoms currently:  Come and go  Are Constant  Are constant, but change with activity

Using the 0 to 10 the scale, with 0 being "no pain" and 10 being the "worst pain imaginable" please describe:

Circle your current level of pain while completing this survey: ...0...1...2...3...4...5...6...7...8...9...10...

Circle the best your pain has been during the past 24 hours: ...0...1...2...3...4...5...6...7...8...9...10...

Circle the worst your pain has been during the past 24 hours: ...0...1...2...3...4...5...6...7...8...9...10...

**Easing Factors:** Identify up to 3 important positions or activities that make your symptoms better:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

**Aggravating Factors:** Identify up to 3 important activities that you are unable to do or are having difficulty with as a result of your problem.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_



**How are you currently able to sleep at night due to your symptoms?**

No problem sleeping  Difficulty falling asleep  Awakened by pain  Sleep only with medication

When are your symptoms worst?  Morning  Afternoon  Evening  Night  After activity  
When are your symptoms the best?  Morning  Afternoon  Evening  Night  After activity

Patient Signature: \_\_\_\_\_



**DEMOGRAPHICS**

LAST NAME		FIRST NAME		MIDDLE INITIAL
SOCIAL SECURITY NUMBER		SEX		PREFIX/SUFFIX
DATE OF BIRTH (mm/dd/yy)		STATUS (please circle one) Single Married Divorced Widowed Partner		STUDENT (please circle one) No Full Time Part Time
STREET ADDRESS		CITY/STATE		ZIP CODE
HOME PHONE (include area code)		WORK PHONE		CELL PHONE
RACE (please circle one) White Black/African American Asian Hawaiian/Other Pacific Islander Other Race American Indian/Alaska Native		ETHNICITY (please circle one) Hispanic or Latino Not Hispanic or Latino Unknown		PREFERRED LANGUAGE English Spanish Or other: _____
EMPLOYER	JOB TITLE/STATUS	EMPLOYER ADDRESS		EMPLOYER PHONE NUMBER
PREFERRED PHARMACY	PHARMACY PHONE NUMBER	EMAIL ADDRESS		

**CONTACT/GUARANTOR INFORMATION**

CONTACT (please circle at least one) Emergency Contact Next of Kin Insured Authorized to Seek Treatment		LAST NAME		FIRST NAME		MIDDLE INITIAL
SSN (social security number)	DATE OF BIRTH (mm/dd/yy)	RELATIONSHIP TO PATIENT		SEX	MARITAL STATUS	
HOME ADDRESS		CITY/STATE		ZIP CODE	HOME PHONE	
EMPLOYER		WORK PHONE		JOB TITLE		

**If the Guarantor information is left blank, the patient will be assumed to be the responsible/billed party.**

CONTACT (please circle at least one) <b>Guarantor</b> Emergency Contact Next of Kin Insured Authorized to Seek Treatment		LAST NAME		FIRST NAME		MIDDLE INITIAL
SSN (social security number)	DATE OF BIRTH (mm/dd/yy)	RELATIONSHIP TO PATIENT		SEX	MARITAL STATUS	
HOME ADDRESS		CITY/STATE		ZIP CODE	HOME PHONE	
EMPLOYER		WORK PHONE		JOB TITLE		

### INSURANCE POLICY INFORMATION

POLICY NUMBER	GROUP ID	EFFECTIVE DATE
TYPE (please circle one only) Health      Auto      Work. Comp. Other	PRIMARY INSURANCE? Yes      No	END DATE
		COPAYMENT AMOUNT Office: \$ _____ Specialist: \$ _____
NAME OF INSURANCE COMPANY/PLAN	INSURANCE COMPANY ADDRESS	PHONE NUMBER
INSURED'S NAME	DATE OF BIRTH (mm/dd/yy)	HOME PHONE
INSURED'S MAILING ADDRESS	PRIMARY CARE PHYSICIAN (pcp)	

### SECONDARY INSURANCE INFORMATION (if applicable)

POLICY NUMBER	GROUP ID	EFFECTIVE DATE
TYPE (please circle one only) Health      Auto      Work. Comp. Other	PRIMARY INSURANCE? Yes      No	END DATE
		COPAYMENT AMOUNT Office: \$ _____ Specialist: \$ _____
NAME OF INSURANCE COMPANY/PLAN	INSURANCE COMPANY ADDRESS	PHONE NUMBER
INSURED'S NAME	DATE OF BIRTH (mm/dd/yy)	HOME PHONE

**I authorize my insurance benefits to be paid directly to the physician and I am financially responsible for all charges. I hereby consent to the release and re-disclosure of my medical record to enable or facilitate the collection, verification or settlement of my account for any amounts due from me or any third-party payor, health maintenance organization, insurer or another health benefit plan. This consent applies to LMG, PC, or any of its affiliates or agents, lenders, or any third-party servicer acting for LMG, PC or any of its affiliates.**

\_\_\_\_\_  
Print Name

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date



Patient Authorization

I authorize my insurance benefits to be paid directly to the healthcare provider and I am financially responsible for all charges. I hereby consent to the release and disclosure of my medical record to enable or facilitate the collection, verification or settlement of my account for any amounts due from me or any third-party payer, health maintenance organization, insurer or another health benefit plan. This consent applies to Loudoun Medical Group LMG, PC, or any of its affiliates or agents, lenders or any third-party servicer acting for LMG, PC, or any of its affiliates.

I agree to promptly pay for services rendered for me or the patient named below. If I fail to meet my financial commitment to LMG and it becomes necessary to take any action to collect my account, I agree to pay all costs and expenses incurred in the collection of my account, including attorney and collection agency fees. I further agree to pay for any missed appointments of which I did not notify the medical office within a reasonable amount of time stated in the No Show/Cancellation policy.

I hereby understand that with treatment by any LMG office I have given consent to testing and release of the test results related to infection with human immunodeficiency virus or hepatitis B or C viruses, if in their opinion, an employee has suffered an exposure incident because of my treatment, as defined by the Center for Disease Control and Occupational Safety and Health Administration. I understand I have consented to the release of such test results to the person that was exposed.

\_\_\_\_\_  
Patient/Guardian Signature

\_\_\_\_\_  
Date

General Acknowledgement and Payment

Payment is due at the time of service. Payment arrangements may be available by request and will be enforced. You may receive a statement for services, which you agree to pay, if you do not present at the time of your visit a prescription and authorization/referral, if necessary, from the physician involved in your care, and a current copy of your insurance card(s). If you are a self-pay patient, payment arrangements must be made prior to your first appointment by calling Holly Lehrer at 703-737-6001 ext. 6139. You may also receive a statement for services, which you agree to pay, should you fail to disclose that you have a deductible or co-insurance obligation, or that your insurance carrier determines our treatment of your condition is not medically necessary, or is not covered for other reasons.

Have you ever received physical therapy at any outpatient facility other than Optimum Physical & Sports Medicine **THIS YEAR?**

(Circle one)

YES

NO

\_\_\_\_\_  
Patient/Guardian Signature

\_\_\_\_\_  
Date

**\*\*\*NOTICE TO AND AGREEMENT BY MEDICARE PATIENTS ONLY – CONTINUE & SIGN BELOW\*\*\***

Medicare and your private insurance carrier will only pay for services that it determines to be "reasonable and necessary" under Section 1862(a)(1) of the Medicare Law. During your treatment, we may provide you with useful and beneficial services that Medicare decides are not "reasonable and necessary." Nevertheless, you will be responsible for paying charges associated with those services, and by signing this form, you agree to do so. Accordingly, it will be your responsibility to ascertain whether Medicare and your insurance cover any services we provide you **\*\*\* There is a \$2010 per calendar year CAP for out-patient Physical and Occupational therapy for 2018\*\*\***

\_\_\_\_\_  
Patient/ Guardian Signature

\_\_\_\_\_  
Date



224-D Cornwall St. NW #200 Leesburg, VA. P(703)443-2223 F(703)4432690  
205 E. Hirst Rd. #201 Purcellville, Va. P(540)751-4455 F(540)338-3230  
[www.OptimumPT-LMG.com](http://www.OptimumPT-LMG.com)

It is important to keep your scheduled appointments.

The Cancellation Policy/No Show Fee for appointments is as follows:

A fee of \$50 will be charged for any missed appointments or appointments cancelled without 24 hour notice.

Appointments cancelled within a 24 hour time frame will not be charged this fee.

\_\_\_\_\_  
Patient/Guardian Signature

\_\_\_\_\_  
Date

**LOUDOUN MEDICAL GROUP**  
**Receipt of Notice of Privacy Practices Acknowledgement**

\_\_\_\_\_  
 Patient's Name

I have a received a copy of Loudoun Medical Group's Notice of Privacy Practices and understand that the notice describes how my/the patient's medical information may be used and how access to this information may be obtained. I have also been given an opportunity to ask questions about the information provided in the Notice.

\_\_\_\_\_  
 Signature

\_\_\_\_\_  
 Date:

\_\_\_\_\_  
 Relationship to Patient (if Acknowledgement Form is executed by someone other than the Patient)

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**FOR OFFICE USE ONLY**

**I attempted to obtain the patient's/representative's signature in acknowledgement of this Receipt of Notice of Privacy Practices Acknowledgement, but was unable to do so as documented below:**

Date	Staff Initials	Reason
		Refused to sign (circle if applicable)
		Other: